

Atlantis Outfitters, Inc.

Monthly Newsletter - February 2010 Edition

Project AWARE Announces International Cleanup Day Report 2009

Project AWARE Foundation's International Cleanup Day 2009 Report: Outlining dive community's global actions to combat marine debris

Six million tonnes of debris enter the world's oceans every year wreaking havoc on underwater creatures and environments every day. For 16 years, Project AWARE Foundation has led underwater and shoreline cleanup efforts in partnership scuba divers worldwide and Ocean Conservancy.

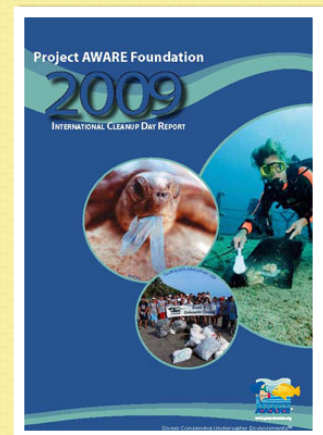
The newly released [International Cleanup Day Report 2009](#), highlights Project AWARE's efforts by volunteer divers and water enthusiasts. During International Cleanup Day, they removed over 222'000 kg/ 490'000 lbs of debris. Debris that would otherwise continue to poison our waters and be "out of sight and out of mind" for most.

More than 90 countries collected a staggering 140'814 cigarette filters, 78'854 plastic bags and found baby sharks, fairy penguins, moray eels and sea turtles, entangled and killed by the debris.

The 20 page International Cleanup Day Report provides an introduction to Project AWARE's Marine Debris Campaign; recognizes the ongoing efforts of divers and water enthusiasts across the globe and underlines the dire consequences of marine debris for the aquatic fauna. It offers a visual snapshot of trash collected with a colourful map highlighting number of volunteers and weight of debris collected in each region.

"Project AWARE Foundation truly appreciates the dive community's efforts to combat litter in our oceans and waterways. There are solutions to the marine debris crisis and it is inspiring to see divers leading the way. We ask cleanup organizers and divers to use this report to highlight efforts and encourage others to become part of this global movement to bring about change," said Project AWARE Foundation's Director, Jenny Miller Garmendia.

To check out the Top Ten Debris Items found or Tips to Keep Waters Debris Free download the [International Cleanup Day 2009 Report](#) today.



Be Active, Healthy, and Happy

By Gretchen M. Ashton, CFT, NBFEE

For the first time since the landmark 1996 U.S. Surgeon General's Report on Physical Activity and Health, the U.S. Department of Health and Human Services has published an update.

The 2008 Physical Activity Guidelines for Americans provides science-based recommendations to help Americans aged 6 and older improve their health with physical activity. The publication finds health benefits of physical activity far outweigh the possibility of adverse outcomes. Health benefits occur for children and adolescents, young and middle-aged adults, older adults, those in every studied racial and ethnic group, and for people with disabilities.

Regular physical activity reduces the risk of many adverse health outcomes. Some physical activity is better than none. Additional benefits occur as the amount of physical activity increases through higher intensity, greater frequency, and/or longer duration. Most health benefits occur with at least, 150 minutes (2 hours and 30 minutes) of activity such as brisk walking. Additional benefits occur with more physical activity. Both aerobic (endurance) and muscle strengthening (resistance) activities are beneficial.

Using a lifespan approach to physical activity, key guidelines for children and adolescents begin with 60-minutes (1-hour) or more of moderate-intensity physical activity every day. More specifically, vigorous-intensity aerobic exercise combined with muscle strengthening and bone strengthening exercise is recommended at least three days of the week.

Adults should do at least 150 minutes a week of moderate-intensity physical activity, or 75-minutes (1 hour and 15 minutes) a week of vigorous-intensity activity, or an equivalent combination of moderate- and vigorous-intensity aerobic activity. Aerobic activity should be performed in episodes of at least 10-minutes and be spread throughout the week. More health benefits may be achieved by increasing aerobic activity to 300 minutes (5 hours) a week of moderate-intensity exercise. Muscle-strengthening activities at least two days a week at moderate- to high-intensity and involving all major muscle groups is recommended and provides additional health benefits. When older adults are not able to do 150-minutes of moderate-intensity aerobic activity a week because of chronic conditions, they should be as physically active as much as their abilities and conditions allow. Exercise should also focus on maintaining balance and preventing falls.

The guidelines continue with suggestions for women during pregnancy and the postpartum period, adults with disabilities, and individuals with chronic medical conditions. A "Roadmap" is provided for reading select chapters of interest.

Four classification levels of activity, how to measure intensity, training principles, lifestyle exercise, and tools to get started and track your progress, are included in the full report found online at www.health.gov/paguidelines.

These recommendations are in agreement with the CDC, American Heart Association and American College of Sports Medicine, but are generally less specific. Remember if have been inactive, have a medical condition or disability, or are over the age of 35, consult a physician for a complete medical evaluation before beginning an exercise program.

Gretchen M. Ashton
-National Board of Fitness
Examiners Personal Trainer
-Advanced Diver
-Fitness Therapist
-World Champion Athlete



*Article used with the permission of the author. All contents were taken from the FitDiver website.

Have a Heart...Do Your Part....

Atlantis Outfitters is once again a "Change Bandit" for the Akron Children's Hospital radiothon. So please stop by and drop off your loose change, or cash donation and we will make sure the Akron Children's Hospital gets it! If you would like to make a donation in person, the event times & location are listed below.

When:

Feb. 12, 2010 - 5:30 a.m. - 9 p.m.

Feb. 13 & 14, 2010 - 7 a.m. - 9 p.m.

Location:

Akron Children's Hospital
Atrium Lobby
One Perkins Square
Akron, OH 44308-1062

Tune in to the most magical weekend in radio and listen to the stories and experience the wonders that happen every day here at Akron Children's Hospital. The radiothon is broadcast live from the hospital.



NEW Diver Information from the staff of Atlantis Outfitters!

Any dive store will tell new students that it is best if you can purchase your own dive gear....and more cost effective than renting all the time.

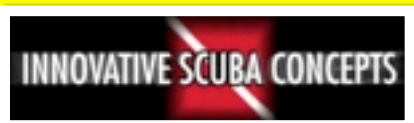
It has been proven that people with their own dive gear are more likely to go out and dive and after all, isn't that the goal to dive !!!

The staff here at Atlantis Outfitters agrees and is here to help you select your new gear, be it the starter pack, to the top of the line set up. We can help you decide what set up is ideal for you. Many of our vendors have "rebates" and "incentives" going on now to help the student be more cost effective when buying their first gear package.

Feel free to stop by at your convenience to discuss your gear options.

We have some great student packages available from many of our vendors...get out diving more often, without breaking the bank !!

Our vendors have several gear packages available for any budget...shown here are just a sampling of what Oceanic has to offer...





If you are interested in the Maritime Archaeological Survey Team (MAST) and shipwreck archaeology. This is your chance to become involved. Our annual training workshop will be held Saturday and Sunday April 24 and 25, 2010. As I have mentioned to many of you, all it takes to become a member of MAST is to take the above mentioned Basic training workshop that is co-sponsored by the Great Lakes Historical Society (GLHS).

The workshop is all encompassing – we talk about Great Lakes History, What archaeology means, why we do it, as well as the basic techniques that we use underwater. Once the classroom training is complete in April, we move to practice our techniques underwater in May. You will need to attend on day on the weekend of May 22 or 23 at the White Star Quarry to complete your training.

Also, this same weekend, on April 24, MAST will be hosting the Sixth Annual Dinner Meeting. We are excited to have this year Keith Meverden, the State Underwater Archaeologist for Wisconsin. He is going to talk about the history and archaeology of the *Rouse Simmons*, otherwise known as the Christmas Tree Ship.

If you have any questions regarding this training, MAST, or GLHS, please do not hesitate to give Carrie Sowden a call (440-967-3467 x 6) or send her an email (shipwreck@inlandseas.org).

See the next three pages for the dates, times, course fees, etc.

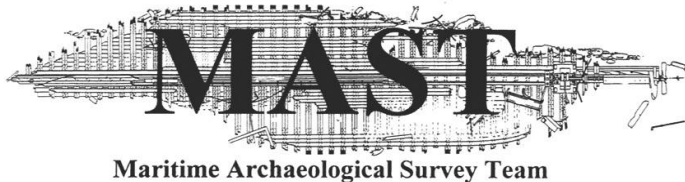
**NAUTICAL
ARCHAEOLOGY
TRAINING
WORKSHOP**



**THE GREAT LAKES
HISTORICAL SOCIETY**

**SATURDAY APRIL 24
AND
SUNDAY APRIL 25
AND**

**SATURDAY MAY 22
OR
SUNDAY MAY 23**



**Peachman Lake Erie
Shipwreck Research
Center**



The Great Lakes Historical Society's Peachman Lake Erie Shipwreck Research Center (GLHS's PLESRC) and the Maritime Archaeological Survey Team (MAST) are pleased to present the 2010 GLHS/MAST Nautical Archaeology Workshop and Training.

Saturday April 24 and Sunday April 25, 2010 – Classroom work at the Great Lakes Historical Society
480 Main Street Vermilion, OH 44089

Saturday May 22 OR Sunday May 23, 2010 – In water practice at White Star Quarry
SR 300 Gibsonburg, OH

BASIC LEVEL: This is the basic class to become a member of MAST and take part in our ongoing archaeological field work. This level will teach you the basics of nautical archaeology, why we do it and how to do it. Topics include, Ship Parts, Trilateration, Survey Equipment, and Laws and Ethics. (Class limited to 30 people) \$125

ADVANCED LEVEL (Prerequisite – Basic Training): Take your training a step further and learn how to run your own survey. Topics on advanced techniques include Survey Logistics, Reporting, Research, and other special topics. (Class limited to 15 people) \$125

SURVEY LEVEL (Prerequisite – Advanced Level): Please call or email Carrie to discuss this option : 440-967-3467 x 6 or shipwreck@inlandseas.org

The cost of each level includes all instruction, workbooks, snacks and lunch for the two classroom days. The cost **does not** include the MAST annual dinner (see attached flyer) or the entrance fee to the quarry.

There may be an opportunity to earn an underwater archaeology specialization from a national certification agency through the Basic course. More information about that after you sign up.

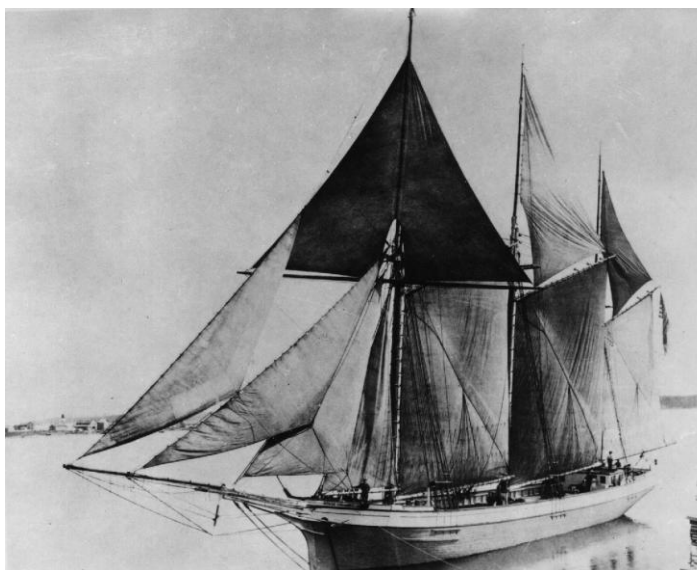
MAST

Maritime Archaeological Survey Team

You are invited to the **Sixth Annual Dinner Meeting** hosted by the Maritime Archaeological Survey Team on **Saturday, April 24, 2010**. The event will be at the Elyria Holiday Inn (1825 Lorain Blvd. Elyria, OH) with cocktails starting at 6 pm and dinner at 6:30 pm. The dinner will be followed by our keynote speaker, **Keith Meverden, State Underwater Archaeologist for Wisconsin**.

New Clues in the Loss of the Rouse Simmons, the Christmas Tree Ship

On November 22, 1912, the *Rouse Simmons* departed Thompson, Michigan, with a load of Christmas trees bound for Chicago. She never arrived. Despite desperate searches, no one knew where or why she was lost. It was not until 1971 that the *Rouse Simmons* was discovered in 170 feet of water. Since that time the story of the *Rouse Simmons*, better known as the Christmas Tree Ship, has grown to legendary proportions. In 2006, the Wisconsin Historical Society conducted the first formal survey of the *Rouse Simmons* wreck site for nomination to the National Register of Historic Places. Learn what the Society's dive team found, both at the wreck site and in historical documents, to learn more about what happened that fateful November day in 1912.



Rouse Simmons, the Christmas Tree Ship

Tickets by Reservation ONLY! \$30 per person

For more information, please call:

Dinner includes salad, potatoes, green beans, coffee or tea, and dessert.

Carrie Sowden - 440-967-3467 x 6
shipwreck@inlandseas.org

Cash Bar

Dinner selections should be made from these three choices:

- Sliced Roast Beef
- Parmesan Crusted Chicken
- Broiled Scrod

REGISTRATION FOR 2010 GLHS/MAST UNDERWATER ARCHAEOLOGY WORKSHOP MAST ANNUAL DINNER

	Cost	Number	Total
Basic Level Training	\$125.00	_____	_____
Advanced Level Training	\$125.00	_____	_____
MAST Annual Dinner	\$ 30.00	_____	_____
Sliced Roast Beef		_____	
Parmesan Crusted Chicken		_____	
Broiled Scrod		_____	
TOTAL AMOUNT DUE			_____

Name: _____

Address: _____

Phone: _____ Email: _____

Please Charge My (circle one)

Master Card Visa American Express Discover

Number: _____

Expiration Date: _____ CVV2 : _____

Signature: _____

OR

Make Checks Payable to: Great Lakes Historical Society

Mail this registration form and payment to:

Carrie Sowden
c/o Great Lakes Historical Society
PO Box 435
Vermilion, OH 44089

There are rooms set aside at the Elyria Holiday Inn for April 23-25. They can be reserved under the MAST group rate of \$65.00 + tax.

1825 Lorain Blvd 440-324-5411
Elyria, OH 44035 800-321-7333

Check out the new kids on the block....now at Atlantis Outfitters !!

Simple is as simple does. The Oceanic Veo 1.0 is a solid basic computer designed for air or single gas nitrox mixes up to 50 percent. It displays only essential information during the dive in easy-to-read digits; uses effective bar graphs to present nitrogen loading and ascent rate; and offers useful features like an automatic safety stop countdown timer that ticks off three minutes when you ascend to 15 feet. A single push button is all that's required to navigate the settings and the sequences are intuitive with help from the excellent owner's manual and waterproof prompt card. At this price point, you are giving up bells and whistles--most notably audible alarms, a backlight and the ability to download dive profiles--but these are excellent choices if you want a simple, low-cost computer.

- Powered by Oceanic's Exclusive *Dual Algorithm*[™] - Your choice between Pelagic DSAT (Spencer/Powell data basis) or Pelagic Z+ (Buhlmann ZHL-16C data basis)
- Air or Single Nitrox Mix to 50% O₂
- Safety Stop Countdown Timer
- Water and/or manual activation
- Single button access to "Last Dive" display (max depth & bottom time)
- 12 dive on-unit log book
- Memory Reset for rental and training applications
- Diver-Replaceable Battery with 8-second "Hot Swap"

****NEW****

**In-Stock
NOW !!!**



Pricing:

\$329.95 to \$459.95
(Wrist Unit, 2 gauge
unit, and 3-gauge
navcon)

Good things come in threes. The Oceanic VEO 3.0 continues Oceanic's tradition of designing rugged, feature-rich personal dive computers that are intuitively easy to use and reasonably priced. Featuring Oceanic's exclusive Dual Algorithm, 2-Nitrox Mix Compatibility, Audible Alarms, 3-Button Interface with settings "Step Back", and so much more. All in a strong, lightweight "hockey-puck" module for your wrist or console.



- Powered by Oceanic's Exclusive *Dual Algorithm*™ - Your choice between Pelagic DSAT (Spencer/Powell data basis) or Pelagic Z+ (Buhlmann ZHL-16C data basis)
- Powered by Oceanic's Exclusive *Dual Algorithm*™ - lets you choose the decompression algorithm basis that best suits your diving needs without compromising safety
- 3 Operating Modes: NORM (Air and Nitrox), GAUGE (with run timer) and FREE (tracks calculations to allow switching between NORM and Free)
- 3 Operating Buttons with "Step Back" interface – allows forward and backward navigation through menus and settings
- Switch between up to 2 Nitrox mixes to 100% O₂ with no restriction (Gas 1 may be up to 100%, and may be less or greater than Gas 2)
- Stop times <3 minutes - displays minutes & seconds
- Deep Stop with Countdown Timer – Maybe turned on or off. 2 minute countdown at half your max depth, for dives greater than 80 ft / 25m
- Single button access to "Last Dive" display (max depth & bottom time)
- Data Retention - maintains calculations indefinitely when the battery is changed
- Audible Alarm with flashing LED light
- SmartGlo Backlighting senses ambient light, enabling the backlight only in low light conditions, conserving battery life
- 24 dive on-unit log book
- History Mode includes total number of dives, max depth, total dive hours, and lowest temp
- Optional PC Interface with OceanLog Download and Settings Upload
- Firmware Auto-Update: download and install the latest firmware – these may be operational improvements or even new features



DAN is Looking for a Few Good Instructors !!

DAN® Training has long been a leader in dive safety and emergency assistance training, but never before have DAN Instructors been in such high demand. With the introduction of education programs like [Basic Life Support and First Aid](#) and [Dive Medicine for Divers](#), as well as the continuing success of programs such as [Diving Emergency Management Provider \(DEMP\)](#) and the original [Oxygen First Aid for Scuba Diving Injuries](#), divers nationwide are looking for instructors to teach them the skills they need to assist in an emergency.

To [become a DAN Instructor](#), candidates must participate and complete a DAN Instructor Qualification Course (IQC). Prerequisites for enrollment in an IQC include DAN Membership, a certification level of Divemaster or higher, a current certificate as a CPR Instructor, and documentation of first aid training. If the candidate does not have a current CPR Instructor rating with another agency, the candidate can opt to be certified to offer the DAN Basic Life Support and First Aid course.



“It’s a fantastic time to become a DAN Instructor,” said Eric Douglas, director of DAN Training. “Not only is it the perfect time of year to do it, but with the addition of several new programs to the DAN Training course offerings, there’s more demand for instructors to teach those courses.”

The IQC follows a modular format. The Core Module is followed by a separate module for each DAN Training program. Instructor candidates can take all 10 modules as part of one course or take only the Core Module and the specific course modules they plan to teach. Additional program certifications can be added later without retaking the Core Module, provided the DAN Instructor rating is kept current. The Core Module can be [completed online](#).

To get more information about becoming a DAN Instructor, please contact Atlantis Outfitters, Inc.

(article courtesy of DiveNews Wire)

SeaLife Unveils Its Own CASH FOR CLUNKERS Camera Rebate Program

Multi-faceted program includes separate rebates for SeaLife cameras and SeaLife flash units.

SeaLife today released details of a limited-time rebate program that delivers a financial incentive for customers considering purchasing a product from the popular SeaLife line.

The 2010 SeaLife Upgrade Rebate program was developed after extensive consultation with SeaLife's retailer community and in-house marketing team. The program provides a mail-in rebate for any customer who purchases a SeaLife Digital camera or Digital Pro Flash unit between January 1 and June 30, 2010.

According to SeaLife's Joe Ifi, Director of Sales and Marketing, "Digital camera technology is constantly changing and products can become out of date very quickly. Consumers are constantly looking to upgrade to the latest and greatest features. This new program provides divers a financial incentive to move into a newer SeaLife model. Forward-thinking SeaLife retailers can also use this program to help create additional sales during these tough times."

Ifi said the program is somewhat similar to the widely publicized "cash for clunkers" program. To qualify for the program, a consumer simply needs to purchase a SeaLife Camera (valued at \$399 or more) from an authorized SeaLife dealer and then send in any old SeaLife Digital camera (working or not) with the appropriate form. Complete details of the program are available by visiting www.sealife-cameras.com.

SeaLife's popular line of underwater imaging products includes something for of all levels of divers and photographers. For more details about the SeaLife product line, go to www.SeaLife-Cameras.com



Diving

The Great Lakes

with **Kevin Magee**



“Former archbishop's treasures found in river”

By GREGORY KATZ,
Associated Press Writer
Gregory Katz, Associated
Press Writer

LONDON – A fresh mystery is gripping Britain's religious community: Just how did a treasure trove of rare medallions and coins collected by a former archbishop of Canterbury end up at the bottom of the River Wear?

The coins, medals, goblets and other religious items were found over the last few years by two divers, Gary and Trevor Bankhead, in the frigid, murky river waters that loop around Durham Cathedral, a Norman-style classic.

Research shows many of the artifacts are linked to the late Michael Ramsey, a former archbishop of Canterbury with longtime ties to Durham, a city 280 miles (450 kilometers) north of London where he served as bishop and spent some of his retirement years before his death in 1988.

The find was revealed Friday by cathedral officials — who believe the items may have been robbed from Ramsey — and by the Bankhead brothers, two intrepid amateur divers who collected the unusual items during a series of dives over the last three years.

A statement posted on the cathedral's Web site indicated that the brothers had found some 300 artifacts, including some of archaeological significance.

"Some of the artifacts appear to have close links to Archbishop Michael Ramsey, who retired to Durham in 1974," the statement read. "These include medals and medallions presented to him during his work and travels as archbishop of Canterbury. There is a silver trowel presented to the archbishop on the occasion of his laying of the foundation stone for a new church in India. Other items include a copper and enamel icon."

In addition, a gold coin apparently given to Ramsey by a Japanese Buddhist leader was found, along with a Russian icon, and precious medals that may have been given to Ramsey when he met Pope Paul VI in Rome in 1966.

Ramsey was archbishop of Canterbury from 1961 to 1974, and met many senior religious figures and world leaders during that time.

Cathedral officials believe the items may have been stolen from Ramsey after he retired to Durham.

"It is not known how these particular artifacts came to be in the river," the statement asserts. "There has been speculation for some time that the archbishop was victim of a burglary and this would seem to confirm it."

But Gary Bankhead does not believe a robbery was involved. Based on the location of the finds, he has concluded that Ramsey himself probably dropped the items into the river.

“Former archbishop's treasures found in river” (cont.)

He thinks some of them were dropped from Prebends Bridge, a popular site near the retirement apartment where Ramsey lived with his wife in their latter years, as a slightly bizarre offering to the people of Durham.

"He was linked to the city since the early 1940s, and it's my belief that he did this as a votive offering to the river and to the people of Durham, who he loved," said Bankhead, who believes the goods may be worth about 25,000 pounds (\$41,000).

This unusual interpretation is supported by a friend of Ramsey's who told British newspapers that it is consistent with Ramsey's character that he would have thrown the items in the river.

But cathedral officials say it is much more likely that a burglar, not Ramsey, put the artifacts in the river.

"It is highly unlikely that valuable items would have been dropped in by anyone who wasn't making mischief," said Philip Davies, chapter clerk at the cathedral.

Bankhead said the items were found in six locations, including four close to the bridge.

He said tests suggest that items thrown from the bridge would have been found close to the actual locations. He said the dives were hazardous because of the extremely cold water and the poor visibility, often limited to about three feet (1 meter).

Bankhead said it also is possible that Ramsey threw the items into the waters because of his Christian belief that a person enters the world with nothing and leaves it with nothing.

"In the last years of his life, he got rid of all of his finds, for that reason," Bankhead said.

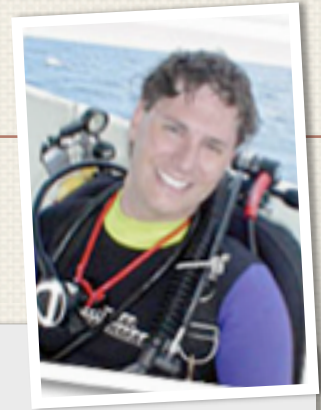
He said the items were found on the river bottom, which is littered with sharp pieces of broken glass that regularly pierced the neoprene gloves he and his brother wore for protection.

The fate of the artifacts is not yet clear. The cathedral's Web site indicates that at least some of the collection will soon be put on public display at the cathedral, which draws visitors from throughout the world.

"It is hoped that many of them will be displayed next year when a new window dedicated to Michael Ramsey is installed in the Cathedral," the statement reads.

Bankhead said he and his brother are entitled to a 50-50 split on the value of the finds under the terms of a licensing agreement signed with Cathedral officials. He said he hopes church archives will better establish the origin of some of the coins, which may increase their value.

"A gold coin given by the pope to the archbishop of Canterbury is more valuable than just a gold coin," he said hopefully.



About Kevin Magee....

Divers and friends, the diving in the Great Lakes of North America, is some of the best wreck diving in the world. The cold fresh waters of the Great Lakes preserve the wood, metal, and cargos of the schooners and steamers that have plied these waters for two hundred years. They are time capsules of life in the 1800's and 1900's, and these remnants of tragedy number in the thousands. They range in depth from one foot to over 1,000 feet (300 m), well beyond any diver's reach.

I live in Cleveland, Ohio, USA, on the southern shore of Lake Erie, which is the shallowest of the Great Lakes. It has a maximum depth of 210 feet (64 m), and unlike the other lakes, every square foot of its bottom is accessible to sport divers. Lake Erie has a stormy reputation, and due to its shallow nature, waves can reach frightening and dangerous proportions in a very short time. This has resulted in innumerable shipwrecks, all waiting to be found, explored, and described.

To the best of my ability, I have cataloged and described the wrecks I have explored in the Great Lakes, and I will continue to add more material to this site as more shipwrecks are dove.

Special In-Store Savings on Select SUUNTO Dive Computers:

We have the following great dive computers in stock at the store....stop by to check them out ! **Prices listed below are RETAIL; but were offering VERY special discounts off these - they are priced to MOVE!!!**

Vyper 2 (wrist) - MRP\$ 615.00 - NOW ONLY \$ 430.50

Air, Nitrox, and Gauge computer with Electronic Compass & Informative Matrix Display

Vyper 2 (console) - MRP\$ 730.00 - NOW ONLY \$ 511.00

Air, Nitrox, and Gauge computer with Electronic Compass & Informative Matrix Display, with a Pressure gauge in the console.

Cobra 2 standard unit—MRP\$ 850.00 - NOW ONLY \$ 595.00

Air Integrated Computer with Electronic Compass & Informative Matrix Display.

D4 Wrist Computer - MRP\$ 650.00 - CALL FOR SPECIAL PRICE....

(Blue, Yellow & Black)

Full-decompression wrist style dive computer. Has 4 operating modes, dive planning and analysis functions, and compatibility with optional Suunto Dive Manager PC software.

D6 Wrist Computer - MRP\$ 885.00 - CALL FOR SPECIAL PRICE...

(Black only)

Advanced wrist style dive computer designed for demanding divers. It has 3 operating modes, gas-switching functionality, integrated digital compass, and the Suunto RGBM deep stop algorithm.



Congratulations to the following divers on their recent Janaury certifications!

Discover Scuba:

Jessica Uhas
Gabby Tagliaferri
Shaina Abend
Taylor Reis
Samantha Miller
Briana Ihal
Kayla Awad
Sarah Jackson
Allison White
A'Leah Gillock
Kayla Stanziano
Emily Mago
Susan Resar

Enriched Air Diver:

Gerald Frisch
Gabor Marsi
Chris Orth

Equipment Specialist:

Dana Evans
Aaron Medley

Local Quarry Contact Information:

Gilboa Quarry - <http://www.divegilboa.com>
Nelsons Ledges Quarry - <http://www.nlqp.com>
Portage Quarry - <http://www.portagequarry.com>
White Star Quarry - <http://www.whitestarquarry.com>

Please check out the websites above for all the latest information, directions, water conditions, business hours, and hotel listings.

Atlantis Outfitters - Dive Club Notes

Our next DIVE CLUB MEETING IS: **TUESDAY, February 16th @ 7:30 PM.** We will have Mr. Christopher Gillcrist, Executive Director of the Great Lakes Historical Society; and will be giving a presentation on **Black Friday (Oct. 20, 1916)**; The story of the worst day in commercial shipping on Lake Erie, four ships were lost and over 50 lives.

We will be at:

AZTECA MEXICAN RESTAURANT

1779 East Market Street
Akron, OH 44305
330-794-9091

We look forward to seeing you there for some good food & good friendship.

Dive Club Upcoming Events Schedule:

February 16th - Club Meeting (Azteca)

February 20th - Non-Diving Club Event @ Viking Vineyards @ 6PM (email to follow)

March 16th - Club Meeting (Azteca)

April - Non-Diving Club Event @ Shooting Range...date to be determined (email to follow)

PLEASE NOTE: We are always looking for new & exciting ideas for our —non-diving club events as well as speakers for our meetings, please email them to Steven Woods at stevew@atlantisoutfitters.com, or the dive store at info@atlantisoutfitters.com

Thanks - the Staff of Atlantis Outfitters !!!

Class Schedule:

Do you know someone who wants to learn to Dive? Are you looking to start your diving season with a new specialty? Are you working towards your Master Scuba Diver rating this dive season? Let us know what you would like to see on the schedule and we will try to fit it in. Please remember if you would like to take a class, please let us know as soon as you can and put down your deposit. That way you won't get left out. If you have any questions, please call the store and we will be glad to help you.

March 2010 Course Schedule

Discover Scuba

March 13, 2010 (1PM at the store)

Open Water Diver—Class and Pool Wknd

March 12, 13, 14, 2010

Enriched Air—Classroom Only— No Dives Required!

March 20, 2010 (10AM at store)

EFR (Emergency First Response)

March 6, 2010 (9AM at store)

DAN/DEMP

March 7, 2010 (9AM at store)

Divemaster

START TODAY! - Call us to start your Divemaster studies



Travel....with PADI Travel Network !



Dive travel offers a unique opportunity to meet other divers and share your enthusiasm for scuba diving and underwater adventure.

Whether you're interested in visiting a local dive site for the day, venturing out on a long weekend road trip or traveling to a more distant destination for a week or more, the dive travel specialists at Atlantis Outfitters (your local PADI Dive Center) can help . PADI Travel Network offers fun group trips to worldwide destinations - what a great way to experience a place you might not think to travel to on your own.

With nearly 20 years experience in the dive travel industry, PADI Travel Network is —The Trusted Name in Dive Travel, || offering dive packages to hundreds of PADI-affiliated resorts, dive operators and liveaboard dive boats around the world. When your trip is booked through your Atlantis Outfitters via PADI Travel Network, you can be sure of the quality of service you'll receive both while making your arrangements and while on your trip.

Whether you're looking to go with a group or build your own adventure, be sure to ask us how PADI Travel Network can help.

Feel free to give PADI Travel Network (800-729-7234 ext. 2 or email: ptn1@padi.com) or Atlantis Outfitters a call to schedule your next scuba diving adventure! If you call PADI Travel Network on your own, you have to mention that a Dive Center referred you to them, and they will ask for our store name or store number (which is 11542).

Nekton Diving Cruises....



"The Most Stable Live aboard Scuba Cruise in the Diving Industry"

We have partnered up with Nekton Diving Cruises' and can now offer you their advantage over large cruise ships and other liveaboards or scuba cruises. Their unique SWATH design vessels (made and built for scuba divers)—are the Nekton Pilot and the Nekton Rorqual. They are two revolutionary Small Waterplane Area Twin Hull vessels (invented by the US Navy). These vessels provide the smoothest ride in the industry and the easiest access for diving entries and exits. They are small enough to provide an intimate environment, and to get to the more remote dive sites. However, Nekton's scuba vessels are large enough to provide stability, comfort amenities and keep the cost to an economically affordable price.

With Nekton Diving Cruises, you'll have the opportunity to explore many remote regions in the Caribbean Sea with its abundant and exotic marine life. The time spent traveling to the reef and lugging equipment is minimized by the Nekton unique vessel design. We offer more in-water adventures with our permanent mooring systems and by diving directly from our vessel.

Whatever your desire, Nekton's professional dive staff is ready to make each and every dive a memorable experience. Come aboard to discover the diversity of diving in the Caribbean Sea. It is here under the transparent waters that the real beauty of the Caribbean is found. Experience unlimited diving on pristine reefs teeming with brilliantly colored tropical fish and sea corals. Explore famous wrecks. Swim with wild spotted dolphins. Dive breathtaking walls and blue holes.

Check out the Nekton Cruises Website for further information. We can help you book your cruise right here at the dive store.

Aggressor Fleet....



Today, Aggressor Fleet yachts span the globe with thirteen (13) dive yachts in eleven (11) different countries and the list of exotic destinations keeps growing. The dive yachts continue to feature the finest creature comforts such as DVD players in the staterooms, rental digital cameras, video editing centers, onboard computers and satellite communications. The commitment to service shows through the smiles of the crew members who love their jobs and undergo special training, including annual re-certifications and —safety week || drills. Aggressor is committed to taking safety even further by installing life-saving defibrillators.

Here are just a few things that make Aggressor so special:

- Experience. Aggressor Fleet has been providing the ultimate in live-aboards since 1984.
- Safety is Number One. With 13 vessels world-wide, operating every week, Aggressor boasts up to 247,104 dives each year! Through training drills, a rigid Standard Operating Procedure and professional crew, Aggressor yachts have minimized accidents above and below water.
- Each boat is an independently owned and operated franchise following carefully crafted Standard Operating Procedures. (An SOP that has been copied but not duplicated). Each year, all franchises meet for an annual meeting to exchange ideas.
- Familiar faces. Many crew members and Captains have 5-10 years on board the same boat. They just love their job. Who wouldn't like an office in paradise?
- Flexibility. Aggressor offers something for everyone. From photo workshops, celebrity charters to family weeks and humpback whale snorkeling trips, Aggressor has variety and flexibility

Feel free to go to Aggressor Fleet's website to book your trip (www.aggressor.com/onlineres) or Atlantis Outfitters a call to schedule your next scuba diving adventure! If you call Aggressor Fleet on your own, you have to mention that a Dive Center referred you to them, and they will ask for our store referral code (which is AO12802).

Blackbeard's Cruises...



Blackbeard's Cruises offers live aboard scuba diving adventure travel vacations to the Out Islands of the Bahamas. Reef, wreck, wall, drift, night and shark dives are offered on each trip. Our 3 sailboats; Sea Explorer, Morning Star and Pirate's Lady, offer Caribbean diving and snorkeling cruises to the Out Islands of the Western Bahamas.

Blackbeard's Cruises sails each Saturday for weeklong scuba diving live aboard adventure vacation cruises to the Biminis, Grand Bahamas, Berries, Andros, Cay Sal Banks, or Nassau areas. Divers can experience deep sea diving on the many beautiful walls. Sharks are a big draw for divers! See Caribbean Reef tip sharks, nurse sharks, even tiger sharks on the sandy banks! Colorful reefs teeming with marine life sit in depths of 15- 80 feet so divers of all levels enjoy the scuba diving we offer on our Bahamas scuba diving vacations! The western Bahamas were once the hideout of pirates and privateers... now these islands offer spectacular diving in warm, crystal clear waters with deserted beaches as backdrop each week during our adventure travel vacations.

Aqua Cat Cruises offers a leisurely live aboard scuba diving and snorkeling adventure vacation in the Bahamas. Each week we cruise from Nassau, Bahamas to the remote islands of the Exumas, and especially the Exuma Cays Land and Sea Park, the most pristine area in all the Bahamas.

Your live aboard adventure vacation is on the 102' catamaran Aqua Cat. This is the ultimate escape aboard your own private luxury yacht. Imagine sinking your toes into sugar sand, snorkeling or diving among the lemon sharks and sting rays, or hiking the trails of pirates and bootleggers of years gone by. No crowds, no set itineraries, nothing to do but sit back, relax and choose from an incredible variety of live aboard activities including scuba diving, snorkeling, kayaking, fishing, sunbathing, and island exploring.

Cat Ppalu Cruises offers a leisurely live aboard adventure in paradise. Each week we set sail from Nassau to the Exuma Islands on the 65' sailing catamaran, Cat Ppalu. This is the ultimate escape aboard your own private yacht.